### 'BUILDING BRIDGES OF SUPPORT' CONFERENCE

AAIDD & HoGent | March 22, 2018 - Ghent (Belgium)





OUR MISSION: To help women and men with intellectual disabilities in Bizkaia and their families to develop their vital aspirations, offering support and innovation in responses, from an ethical perspective and promoting their inclusion in a more just and supportive society.

When we use the term 'person-centred', we mean activities which are based upon what is important to a person from their own perspective and which contribute to their full inclusion in society". Helen Sanderson, 2009

## Quality of Life Model Components (Thompson, J. R. et al., 2009)

#### **Component 1**

and goals

Identification of desirable life experiences

**Component 2** 

**Assessment** of support needs **Component 3** 

Develop and implement the individualised plan

**Component 5** 

**Evaluation of the** degree to which personal results are being achieved **Component 4** 

**Deployment** monitoring

8 Quality of Life Dimensions

(Schalock, R. L., Verdugo, M. A. et al., 2004)

**Quality of Life and support systems** (Schalock, R. L., 2013)

> **PCP** (Holburn, S. et al. 2006)

SIS

(Thompson, J. R. et al., 2004)

Inclusion model (Simplican, S. C. et al., 2014)

**General results** 

(Schalock, R. L. et al., 2008)

**Quality of Life Evaluation Inico-Feaps & San Martín** 

# Integrating the theoretical framework into miPlan

**Section I:** Identification of experiences and desirable life goals

Section II:

Assessment

and identification of support need

## **SECTION III-a**

**Based on desirable** life experiences and personal goals **SECTION III-b** 

**Based on** the assessed support needs

#### Structure:

- **Dimension of QL**
- **Definition**

### Scope of inquiry

• I know the things that I find hard to do in my everyday life • I know the things that I do well in my everyday life ● I can use a mobile,

Personal development

computer, tablet, etc. (new technologies),... Scope of inquiry Is this important to me?

## Communicate (3) Do I have it? Do I want it?

Annotations

#### **Personal development**

Refers to the possibility of learning different things, having knowledge and develop personally. Indicators: Limitations / Capacities, Access to new technologies,

#### Scope of inquiry ■ Use the service (A1) ■ Organise clothes (A2) ■

Prepare meals (A3) • Eat (A4) • Take care of and clean the house (A5) • Get dressed (A6) • Bathe and take care of personal hygiene (A7) ) ■ Manage home appliances (A8) - Learn and use problem solving strategies (C3) ■ Use technology in order to learn (C4) ■ Learn basic intellectual functions (eg, learn to tell the time, write, identify day and date, find phone numbers, count money in order to purchase) (C6) Manage money and personal finances (P2).

**Annotations** 

Evaluation

Degree of achievement

**Observations** 



Section III: Strategic goals

**Every year** for 4 years

> QOL 5th Year

#### **Section IV:** Goals for the year & Workplan

Workplan

Plan Person responsible Related goals

Deadline

### Monitoring

Done In process Not done

**Observations** 

**Every year** for 4 years

> QOL 5th Year

• 417 plans done (81,1% people with DID).

OUR RESULTS

- 29% families involved.
- 50 percentile QOL.
- 84,65% goals achieved.
- 67,23% plans done or in progress.
- Satisfaction of PDID: 4,39 (1 to 5 scale).

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